

CERTIFICATE OF PARTICIPATION

This is to certify that

Anton Ras

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:36:11

PACE 07:13/km
OVERALL 8 of 97

GENDER 6 of 31
OPEN 4 of 15

23 June 2019, Sun

Date



BoutTime

Signature

